

Understanding the context of parenting:

– *How are we doing?*

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Disclosure statement

Catherine Lee is a Triple P trainer

Acknowledgements

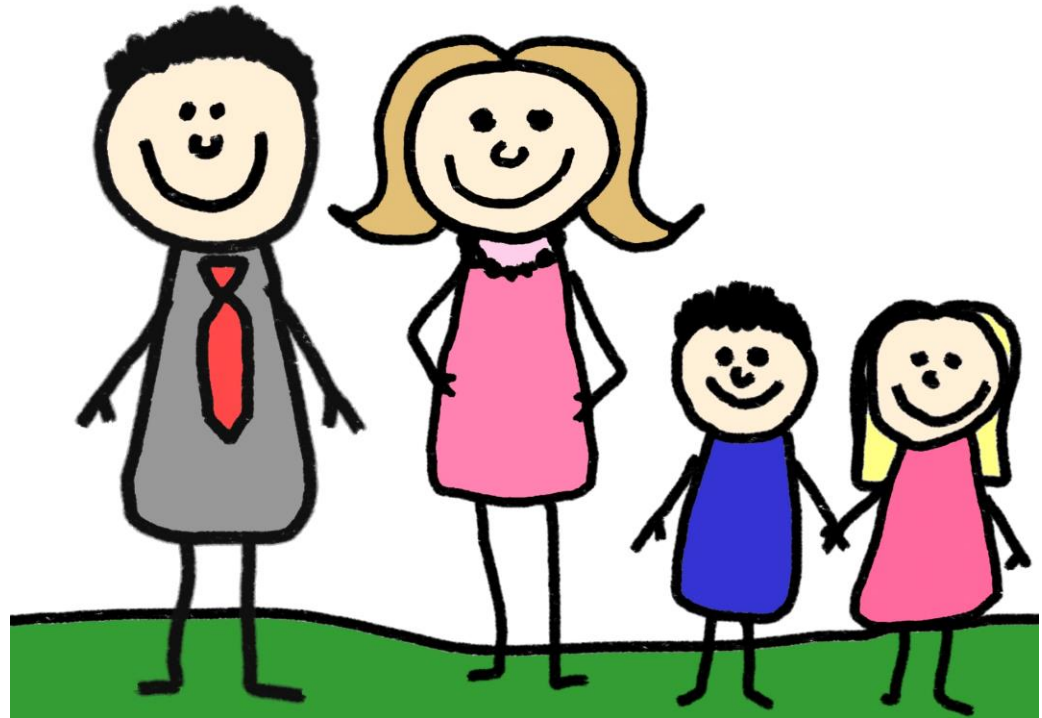
- Dana Sheshko, University of Ottawa
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- Debbie Easton, TPI
- Peggy Govers, TPI
- Jacquie Brown, TPI
- All the practitioners who have shared their Triple P experiences

Overview

- Early research on children's development
- Urie Bronfenbrenner's **bio- ecological** framework
- How does this connect to supporting parenting?
- Strength in diversity

Early psychology research on child development

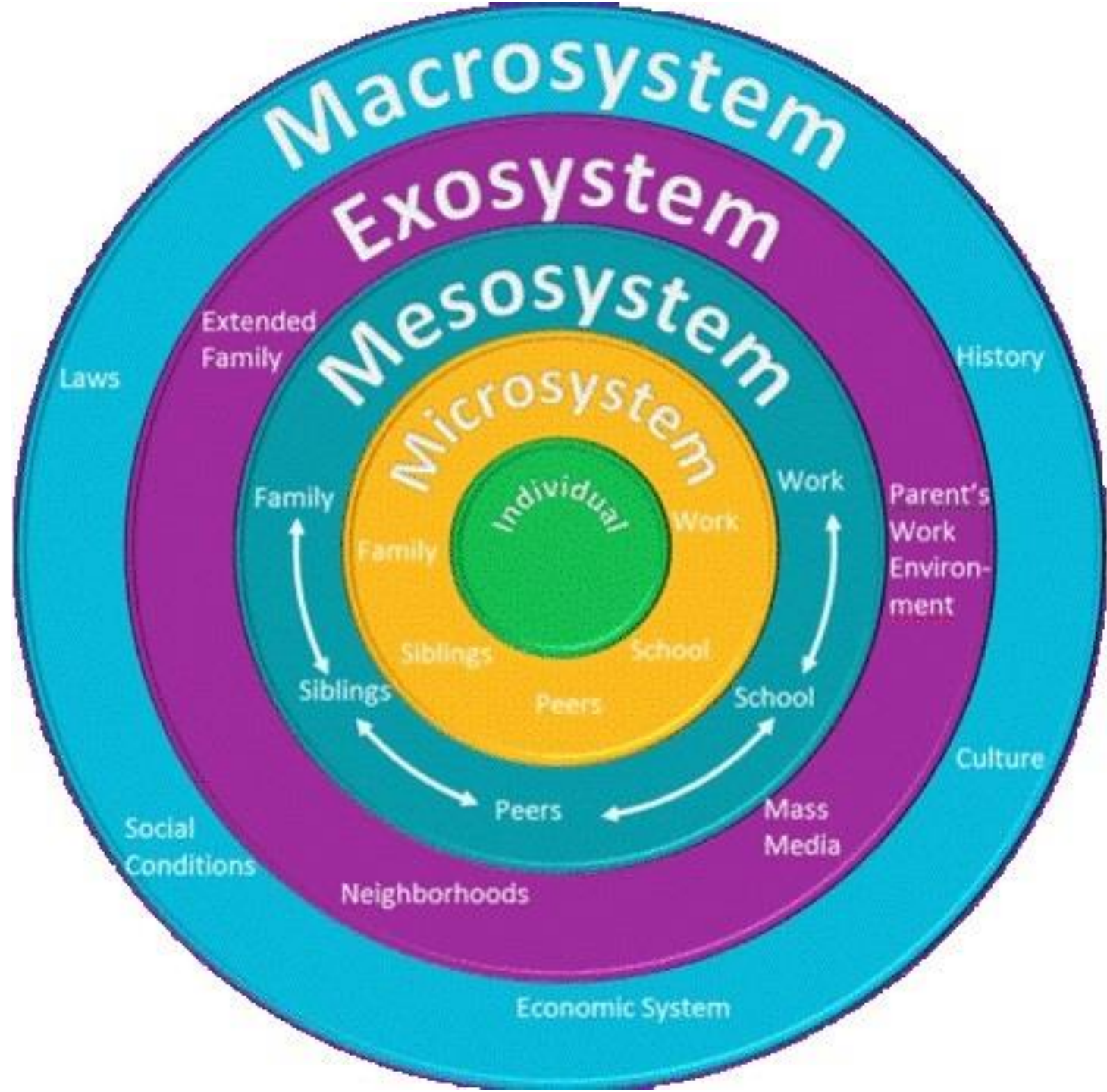
- Methods
- Findings
- Implications



Urie Bronfenbrenner, 1917-2005

- Born in Moscow, USSR
- Educated in psychology and music
- 50 year career at Cornell
- Challenged the way we think about human development
- Passionately committed to policy implications of research; co-founder of HeadStart in USA





What are conditions and processes that support human development?

'Somebody has to be crazy about the kid.'







Child learns in context of loving environment with adult





Third parties support or undermine learning



As a teacher Bronfenbrenner...

- Meticulous in preparing
- Engaged by asking questions
- Illustrated with vivid examples
- Generous with his time for students



So how does this connect to supporting parenting?

- Take into account the multiple contexts that affect parent and child
- Lays foundation for public health approach
- Ensure communication and support between the various systems in which the child lives

Anas

- **Individual:** temperament? Sensory abilities? Language skills? Trauma?
- **Microsystem:** parental availability? Parenting behaviours? Parental distress and hope? Loss and trauma? Access to school?
- **Mesosystem:** peers in new community?
- **Exosystem:** contact with extended family? Access to healthcare? Community response to newcomers?
- **Macrosystem:** settlement resources? Income? Work? Housing? Laws? Likelihood of being able to stay in host country? Rights and obligations? Cultural beliefs



Diversity

Liability?

- Limited resources
- Applicability
- Exclusion and rejection

Strength?

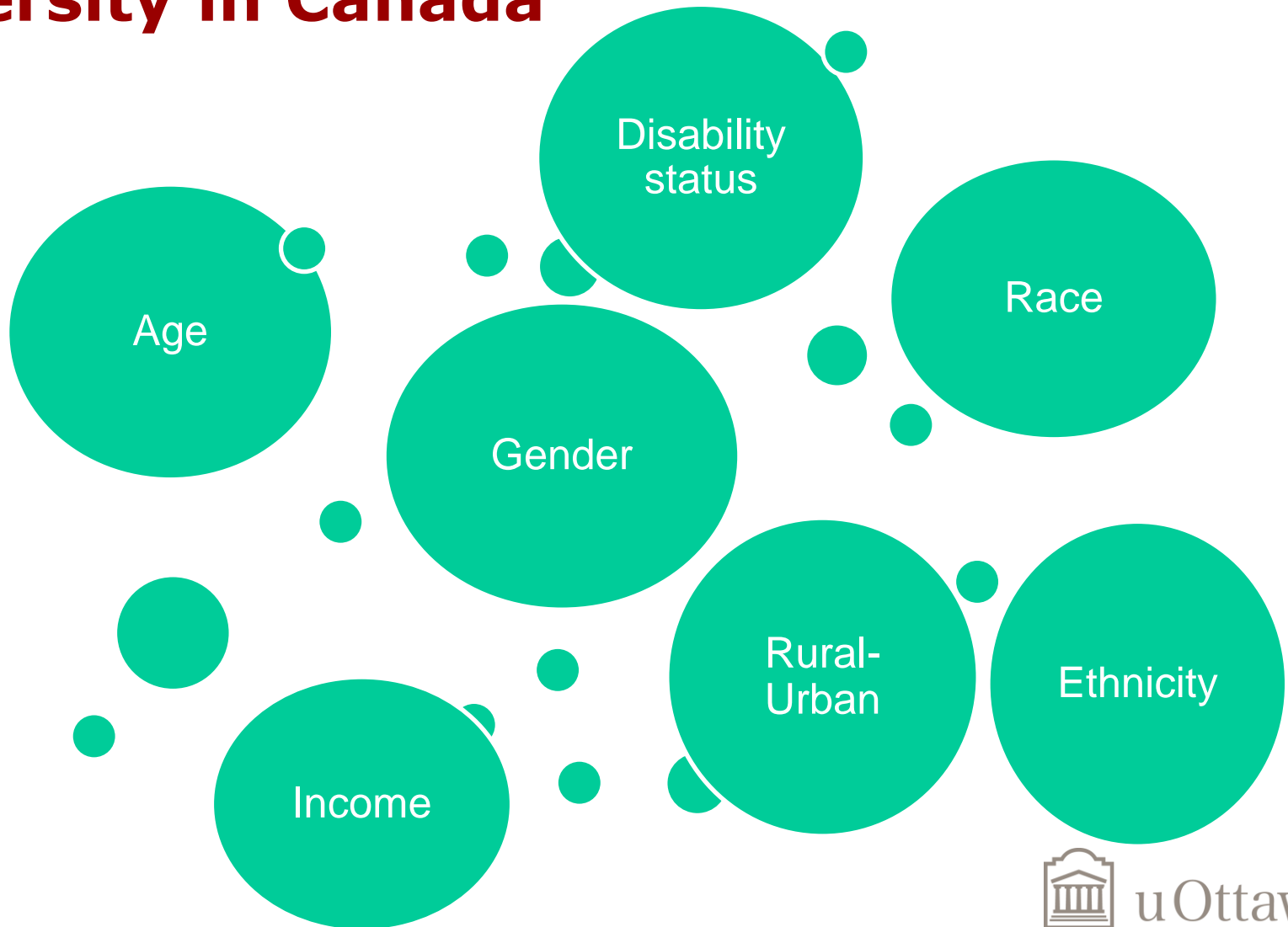
- Richness of options
- Promotes creativity
- Promotes flexibility
- Promotes opportunities for learning

Strength in Diversity

- HFCC 2016 theme
- Diversity: Our strength : City of Toronto motto
- Diversity is Canada's Strength/La diversité est la force du Canada, Justin Trudeau, November 2015.



Diversity in Canada



Adapting to context?

- Self-regulation
- Variants
- Fidelity with flexibility

What would your goals
be?

What did you notice?

What would you like to see more
of?

Are there any of those strategies you'd like to
try?

What might you say?

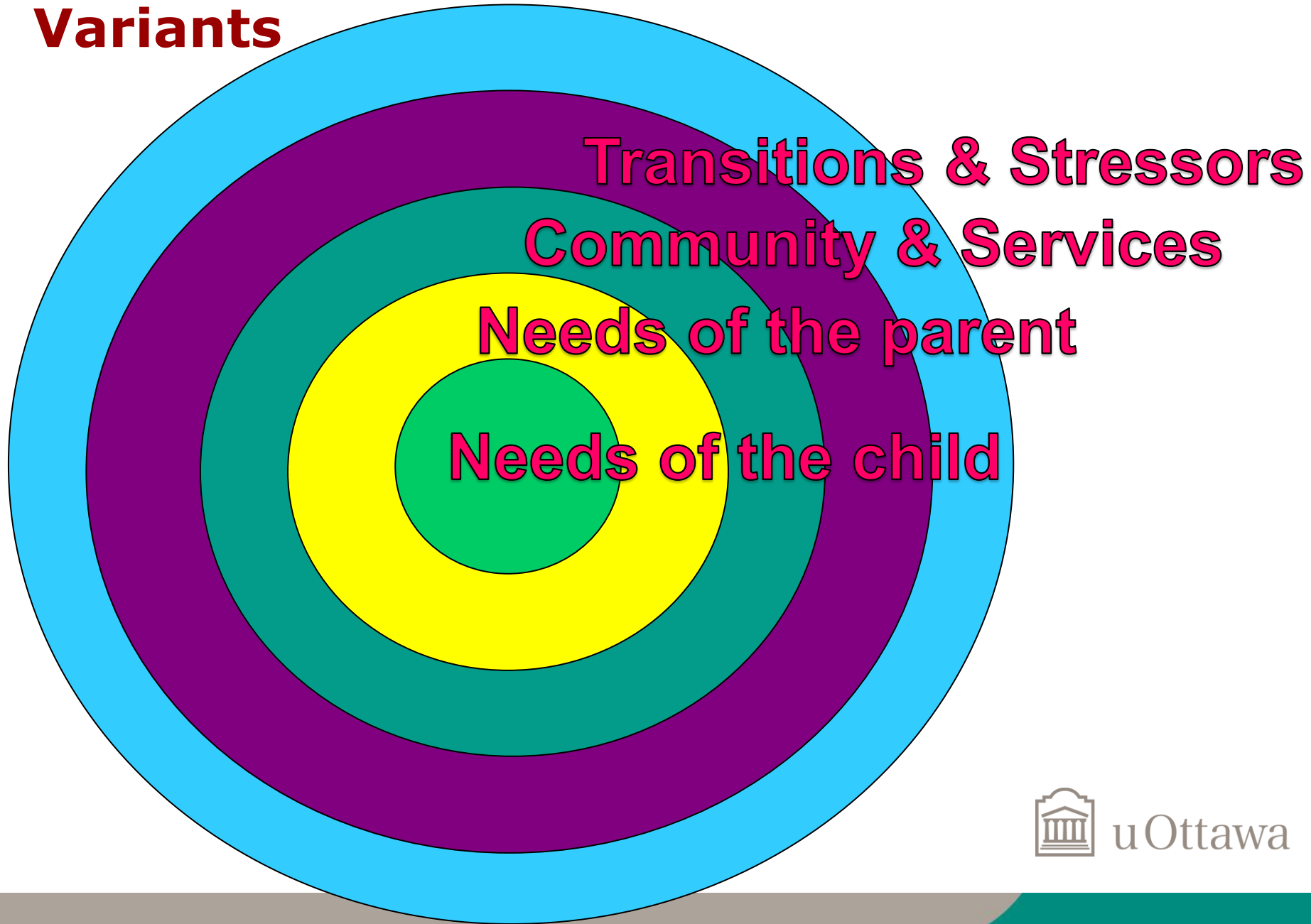
When would you like to start?

Were there any things that you thought fit with...

What did you find out from the monitoring?

Have you had a chance to look at the DVD/tip sheet/workbook?

Variants



Fidelity and flexibility

- Mazzuchelli & Sanders, 2010 distinguish between high and low risk modifications
- To use the program, practitioners need firm grasp of the core principles and strategies; then their creativity is the limit in making examples meaningful to families they work with.



In explaining the importance of parents looking after themselves

- *Like a lynchpin that holds a wheel together, a parent is a family's centre. If you pull out the lynchpin, the whole wheel falls apart.*
- *When you're travelling in a airplane, safety instructions state that if the oxygen masks fall from the ceiling, you need to put your own on first before you can help another.*
- *A parent is a family's totem pole, and every family needs a strong totem pole.*

Communication between systems

- Parents
- Grandparents
- Early childhood educators
- Primary care: nurses; physicians
- Different agencies

So how are we doing in understanding context?

2 things we've done well

- Found ways to offer parenting support to parents caring for children in diverse situations
- Used a self-regulation model that invites the parent to set goals, choose strategies, and feel confident

One thing we could do differently

- Encourage more dialogue among all the adults who care for children

Thank you

Merci

Miigwech

Danke schön

Dank je

Arigatō

niá:wen

kinana'skomitina'wa'

gracias

w

maṣi chok

Gee-tsee-ksim-muh-tsim



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